

Let's Talk About It!

April 2018

Wellness Radio

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With Scott Dudley & Maria Wyatt

If you have any questions that you would like answered on the show, please send an email to: wellnessradio@co.imperial.ca.us

SCHEDULE:	TOPIC:	GUEST SPEAKER:
Week of April 2	<p>Children and Adolescent Services-Prevention and Early Intervention Program for Trauma Exposed Children (Originally aired on March 2016)</p> <p>The Prevention and Early Intervention (PEI) program engages children before the development of serious mental illness or serious emotional disturbance, a potential result of trauma exposure. Please join us as we discuss trauma exposure and our prevention and early intervention program for children with Christine Garcia.</p>	<p>Christine Garcia, LCSW Psychiatric Social Worker Children and Adolescent Services ICBHS – EI Centro</p>
Week of April 9	<p>Vista Sands: Children's Socialization Program (Originally aired on February 2016)</p> <p>Vista Sands Children's Socialization Program is a collaborative program between Imperial County School Districts and Behavioral Health. The program is designed to assist children whose capacity to function at home, school, and the community has been impaired by emotional and behavioral problems. The program encourages positive growth in social and coping skills in a structured setting without removing the child from family, school and community.</p>	<p>Andrew Wells Mental Health Rehabilitation Specialist Children and Adolescent Services ICBHS – Brawley</p>
Week of April 16	<p>Developing Incredible Children</p> <p>The Incredible Years is a series of interlocking, evidence-based programs for parents, children, and teachers, supported by over 30 years of research. The goal is to prevent and treat children's behavior problems and promote their social, emotional, and academic competence. The programs are used worldwide in schools and mental health centers, and have been shown to work across cultures and socio-economic groups.</p>	<p>Norma Loghmani, ASW Psychiatric Social Worker Children and Adolescent Services ICBHS – EI Centro</p>
Week of April 23	<p>Children and Adolescent Services: Shifting the Focus for Better Outcomes</p> <p>One in five children needs mental health support in any given year. Providing this support offers a pathway to successful outcomes with school and family. Children and Adolescent Services provides a wide variety of evidenced-based practices that specifically target children's mental health concerns. Join us as we explore the ongoing development of more effective treatment services for children.</p>	<p>Christine Garcia, LCSW Psychiatric Social Worker Children and Adolescent Services ICBHS – EI Centro</p>

Tune in:



Thursdays at 8:00 a.m.



Sundays at 7:00 a.m.

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