

Let's Talk About It!

May 2015

Wellness Radio



With Scott Dudley & Maria Wyatt

If you have any questions that you would like answered on the show, please send an email to wellnessradio@co.imperial.ca.us

SCHEDULE:	TOPIC:	GUEST SPEAKER:
Week of May 4	<p>Judicial Perspectives on Family Treatment Drug Courts Family Treatment Drug Courts provide the setting for a collaborative effort by the court and all the participants in the child protection system to come together in a non-adversarial setting to determine the individual treatment needs of substance-abusing parents whose children are under the jurisdiction of the dependency court. With Judge Edwards, we will examine the science and evidence of Family Treatment Drug Courts for distressed and troubled families.</p>	<p>Judge Leonard Edwards (ret.) Consultant, Mentor Judge Juvenile Judge's Corner San Francisco</p>
Week of May 11	<p>Attitudes Towards Gambling and Professional Treatment for Gambling Problems Among Hispanics in Imperial County Because gambling problems are associated with a wide range of serious negative personal, social, health, and mental health consequences, they are an important public health concern. The UCLA Gambling Studies department conducted a local study. We meet with the studies lead author, Michael Campos, PhD to review the findings and what the results suggest for our community.</p>	<p>Michael Campos, PhD Research Associate UCLA Gambling Studies Program</p>
Week of May 18	<p>Habits of the Mentally Strong Like physical strength, mental strength requires healthy habits, exercise, and hard work. Morin teaches you how to embrace a happier outlook and arms you to emotionally deal with life's inevitable hardships, setbacks, and heartbreaks. As she makes clear, mental strength isn't about acting tough; it's about feeling empowered to overcome life's challenges.</p>	<p>Amy Morin, LCSW Therapist and Author</p>
Week of May 25	<p>Quality Behavioral Healthcare for LGBT Populations Research suggests that LGBT individuals face health disparities linked to societal stigma, discrimination, and denial of their civil and human rights. Discrimination against LGBT persons has been associated with high rates of psychiatric disorders, substance abuse, and suicide. Experiences of violence and victimization are frequent for LGBT individuals, and have long-lasting effects on the individual and the community. Join us as ICBHS shares their training plan to provide quality behavioral healthcare for our brothers and sisters in the LGBT community.</p>	<p>Scott McClure, PhD National Institute of Corrections (NIC) Contract Consultant Trainer: Evidence Based Correctional Practices</p>

Tune in:



Thursdays at 8:00 a.m.



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