

Let's Talk About It!

June 2015

Wellness Radio



**With Scott Dudley
& Maria Wyatt**

If you have any questions that you would like answered on the show, please send an email to wellnessradio@co.imperial.ca.us

SCHEDULE:	TOPIC:	GUEST SPEAKER:
Week of June 1	<p>Disconnecting the School to Prison Pipeline</p> <p>A single instance of incarceration in a young person's life increases the risk of future imprisonment, at a cost to taxpayers of \$240.99 per day. Living in jail worsens the mental, emotional, and behavioral problems with which these children and adolescents must struggle. Mental disorders and youth incarceration already share an alarmingly strong link. While just 20 percent of all American youth live with one or more mental disorders, that proportion jumps to 70 percent for the juvenile justice population.</p>	<p>Kendall Marlowe, JD Executive Director of the National Association of Counsel for Children</p>
Week of June 8	<p>Engaging Imperial County's Homeless Population</p> <p>Many of us may be one or two bad events away from being homeless. Persons with mental health concerns are at much greater risk for homelessness. Terri Gonzalez, Behavioral Health Outreach and Engagement Rehabilitation Technician has organized a series of Fairs to build connection and establish support for our local homeless population. Join us as she describes the challenges and successes of engaging the homeless population.</p>	<p>Terri Gonzalez Mental Health Rehabilitation Technician Outreach and Engagement Unit ICBHS – El Centro</p>
Week of June 15	<p>Habits of the Mentally Strong</p> <p>Like physical strength, mental strength requires healthy habits, exercise, and hard work. Morin teaches you how to embrace a happier outlook and arms you to emotionally deal with life's inevitable hardships, setbacks, and heartbreaks. As she makes clear, mental strength isn't about acting tough; it's about feeling empowered to overcome life's challenges.</p>	<p>Amy Morin Licensed Clinical Social Worker Therapist and Author</p>
Week of June 22	<p>Vista Sands Children's Socialization Program</p> <p>Vista Sands Children's Socialization Program is designed to assist children whose capacity to function at home, school, and community has been impaired by emotional and behavioral problems. The program encourages positive growth in social and coping skills in a structured setting without removing the child from family and community.</p>	<p>Andrew Wells Mental Health Rehabilitation Technician ICBHS Vista Sands Children's Program</p>
Week of June 29	<p>Adolescent Habilitative Learning Program</p> <p>The Adolescent Habilitative Learning Program(AHLP) provides combined mental health and education services for adolescents age 13 through 17 whose emotional/behavioral disturbances prevent them from maximizing their learning and functioning capabilities in regular classroom settings.</p>	<p>Lupita De la Rosa Mental Health Rehabilitation Specialist Adolescent Habilitative Learning Program</p>

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