

Let's Talk About It!

August 2016

Wellness Radio

Tune in:



Thursdays at 8:00 a.m.



Saturdays & Sundays
 at 9:00 a.m.

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SCHEDULE:	TOPIC:	GUEST SPEAKER:
Week of August 1 st	<p>Youth and Young Adult Full Service Partnership: Evidenced-Based Therapies</p> <p>Through the coordinated and integrated Full Service Partnership Program, individuals are provided with research-based practices that have been proven effective in targeting specific mental health disorders and promoting recovery.</p>	<p>Maricruz Bermudez Mental Health Counselor Licensed Marriage Family Therapist Youth and Young Adult Services Full Service Partnership</p>
Week of August 8 th	<p>Youth and Young Adult: Adolescent Habilitative Learning (AHLP)</p> <p>AHLP provides combined mental health and education services for adolescents ages 13 through 17 whose emotional/behavioral disturbances prevent them from maximizing their learning and functioning capabilities in regular classroom settings.</p>	<p>Nikki Martinez Mental Health Rehabilitation Technician Youth and Young Adult Adolescent Habilitative Learning Program</p>
Week of August 15 th	<p>First Steps for Success (Originally aired on June 2014)</p> <p>This proven home and school intervention ensures that children have the social skills to succeed in school, including sharing, cooperating, and following rules.</p>	<p>Annemieke Golly, Ph.D. Co-Author "First Steps to Success Program"</p>
Week of August 22 nd	<p>Youth and Young Adult: Alcohol & Drug Prevention</p> <p>Seeks to target individuals who are at a high-risk for substance abuse and provides information to the community about the effects and risks associated with substance abuse and the current and emerging substance trends.</p>	<p>Jessica Pineda Community Service Worker & Ana Contreras Program Supervisor Youth and Young Adult Adolescent Outpatient Drug Free and Prevention Services</p>
Week of August 29 th	<p>Youth and Young Adult: Alcohol & Drug Adolescent Outpatient Drug Free Treatment (ODF)</p> <p>Provides services to youth ages 12-21 residing in Imperial County that have a substance abuse treatment. ODF also provides crisis counseling and HIV/TB early intervention as necessary to individuals enrolled in the program.</p>	<p>Richard Luna Substance Abuse Counselor Youth and Young Adult</p>



With Scott Dudley & Maria Wyatt

If you have any questions that you would liked answered on the show, please send an email to wellnessradio@co.imperial.ca.us

