

Let's Talk About It!

August 2017

Wellness Radio



With Scott Dudley & Maria Wyatt

If you have any questions that you would like answered on the show, please send an email to:
wellnessradio@co.imperial.ca.us

| SCHEDULE: | TOPIC: | GUEST SPEAKER: |
|---------------------------------|--|---|
| Week of August 7 th | <p>Imperial County Behavioral Health: Children's Outpatient Services (Originally aired February 2016)</p> <p>The Children Outpatient Services is committed to serving children with severe emotional, mental and/or behavioral problems and their families to prevent the development of serious mental illness. Services are provided to children with a mental health disorder such as ADHD, anxiety, depression, adjustment disorder, bipolar, etc. As a result of the mental health disorder their lives are impaired or are at risk of being impaired at home, school or the community.</p> | <p>Rene Felix Program Supervisor and Stephanie Grijalva Psychiatric Social Worker Children Services ICBHS – El Centro</p> |
| Week of August 14 th | <p>Youth and Young Adult Programs: Clinic Overview (Originally aired July 2016)</p> <p>These services are integrated, individualized, and developed to promote individual and family-centered recovery, resiliency, and wellness for individuals 14-25 years old. The program focuses on the individual's strengths and unique needs in an effort to promote healthy and stable living.</p> | <p>Luz Marina Vasquez And Norma Avila Mental Health Rehabilitation Technician Youth & Young Adults Services ICBHS – El Centro</p> |
| Week of August 21 st | <p>Mental Health Support at Imperial Valley College (Originally aired on April 2017)</p> <p>IVC Students, are you anxious about life? Depressed about grades? Imperial Valley College provides mental health services and referrals to Imperial County Behavioral Health if more support appears necessary. Come and join us as Guadalupe Garcia shares this resource.</p> | <p>Guadalupe Garcia, LMFT Clinical Mental Health Counselor IVC Student Health Center</p> |
| Week of August 28 th | <p>The Behavior Code: Supporting Youth in School (Originally aired on November 2014)</p> <p>Built on the premise that teachers can only control a few variables-such as the classroom environment and their own behavior-in the lives of students with challenging behavior, preventative accommodations and how teachers respond to students' behavior are discussed.</p> | <p>Jessica Minahan, M.Ed. Behavior Analyst, Author and Special Educator</p> |

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