

Let's Talk About It!

October 2016

Wellness Radio

Tune in:



Thursdays at 8:00 a.m.



Saturdays & Sundays
 at 9:00 a.m.

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SCHEDULE:	TOPIC:	GUEST SPEAKER:
Week of October 3 rd	<p>Vista Sands: Children's Socialization Program (Originally aired on February 2016)</p> <p>Vista Sands Children's Socialization Program is a collaborative program between Imperial County School Districts and Behavioral Health. The program is designed to assist children whose capacity to function at home, school, and the community has been impaired by emotional and behavioral problems. The program encourages positive growth in social and coping skills in a structured setting without removing the child from family, school and community.</p>	<p>Andrew Wells Mental Health Rehabilitation Technician Children Services ICBHS-Brawley</p>
Week of October 10 th	<p>Helping Aggressive Children Manage Their Behavior (Originally aired on December 2013)</p> <p>An overview of the Aggression Replacement Training (ART) model, a cognitive behavioral intervention program designed to help children improve social skills and moral reasoning; better manage anger; and reduce aggressive behavior.</p>	<p>Robert W. Oliver, Ed.D. Master Trainer for Aggression</p>
Week of October 17 th	<p>Children Services-Innovation: First Step to Success Early Intervention for at Risk Children (Originally aired on March 2016)</p> <p>The First Step to Success (FSS) program is an evidence-based early intervention program that provides positive reinforcement interventions to children at school and at home. The objective is to improve the child's social adjustment and academic performance with the involvement of teachers, parents, and peers. Join us, as Lupe Ibarra, talks about the implementation of FSS on our community</p>	<p>Lupe Ibarra Mental Health Rehabilitation Technician Children Services ICBHS-EI Centro</p>
Week of October 24 th	<p>Incredible Years Pre-School</p> <p>The Incredible Years is a series of interlocking, evidence-based programs for parents, children, and teachers, supported by over 30 years of research. The goal is to prevent and treat young children's behavior problems and promote their social, emotional, and academic competence. The programs are used worldwide in schools and mental health centers, and have been shown to work across cultures and socio-economic groups. .</p>	<p>Kimberly Shoecraft, MSW Incredible Years Certified</p>
Week of October 31 st	<p>What It's Like to Fail</p> <p>Between 2007 and 2011, some five million families lost their homes to foreclosure. Some of them found alternative housing by renting an apartment or moving in with family members. But not all of them. Many American families broke apart during this time. David Raether's was one of them. And he was one of the people who ended up homeless. This is his story.</p>	<p>David Raether Author and Consultant</p>



With Scott Dudley & Maria Wyatt

If you have any questions that you would liked answered on the show, please send an email to wellnessradio@co.imperial.ca.us

